



TRAVEL REPORT SUMMARY

Submitted by: Dinara Duishenova
 Programme Specialist, HIV component
 Aida Karipova, M&E Specialist

DINARA DUISHENOVA
HIVPROG.SPECIALIS
UNDP GFATM

Date: December 23, 2022

AIDA KARIPOVA
HIV M&E SPECIALIST
GF/UNDP

Title of the event:
 Routine monitoring, meeting with clients of the OST site
 under Bishkek TB Hospital

Travel Dates: December 7, 2022

Purpose of Travel:

Routine monitoring, meeting with clients

Brief Summary:

General information&findings

This OST site is located under Bishkek TB Hospital in separate building and clients keep strong confidentiality. There are 3 staff members under UNDP\GF Project – doctor and 2 nurses. OST doctor works here for many years since OST site opening. The doctor is working as the Deputy of the Head of the Hospital. Nurses fulfill duties of social worker and receive finance compensation for it. The OST site consist from some rooms including small conference hall. As this site is located under TB hospital, some PWIDs who has TB and currently under TB treatment are assigned for this site, but also some clients who live near by this site also get methadone there. OST site unofficially started to work at 6;30 (as on of nurses live in front of TB hospital) and it allows some clients (who worked from early morning) to keep their jobs and get methadone. RCN has a practice to refer to this site some OST patients from RCN’s site who does not follow some rules for being under OST treatment (as this site is located far from down center).

OST doctor is very empathic to her patients and call 90% of them as “good” and other 10% as persons who might have temporary problems with families or just being in difficult life stage. 5-6 patients are homeless persons and OST staff let them after taking methadone to be inside of OST building till the closing time and can provide them with hot water. All of them were referred to NGO "Ishenim Nuru" or "Kolomtoo" but they do not want to stay there.

On the question “what more the Project can provide to OST clients in order to improve attractiveness and adherence” the OST doctor answered “The Project already used all possible options regarding improving OST program attractiveness&adherence. It wd be good to provide to OST clients treatment of VHC”.

Services&Results

- As of the day of visit there are 68 clients on the OST therapy and 52 of them take methadone to home for 5 days. All patients are divided for small groups to come during Monday-Friday to take up methadone to home for 5 days. OST staff intently monitor all OST clients taken methadone to home, but they do not have any suspicions on wrong methadone taking. At the same time all urine tests for illegal drugs are negative.
- During reported period (12 months) 32 clients entered/transferred to this OST site, among them 2 patients had experience of taking methadone before, 30 were transferred from another OST sites. 25 were signed off from OST therapy, among them 7 were admitted into prison, 7 client was transferred to another OST site and 6 left the OST program on voluntarily basis ahead of schedule, 8 patients dead.
- 63 patient among 68 take WHO recommended methadone dosage (60 mg and more).
- 18 clients among 68 have HIV+ status, all take ART and 16 (out of 18) clients on ART have VL have “0” VL. All clients take Dolutegravir. 9 patients receive ART on this site (OST site keeps their ART drugs and clients either take ART every day or receive ART for 5 days under medical control).
- OST 6-month retention is 0% (0/2).
- HIV testing is conducted by express testing, if the result is doubtful, then the employee of the Republican Center for Addiction Medicine and Mental Health is asked to conduct a repeat test already by capillary blood.

- TB screening is provide by OST staff. Patients with suspected tuberculosis are referred for diagnosis and hospitalization to the city tuberculosis dispensary and the City TB hospital, there are no problems with this.
- It were reviewed 20 patients cards. Doctor makes regular notes about patient condition and reflect methadone dosage increasing&decreasing in the card with needed rationale.
- All data in ERMAT is entered on regular basis by the doctor.
- If a patient has ulcers, thrombophlebitis, the methadone point doctor makes an appointment or is redirected to a vascular surgeon, but often clients do not have money for treatment. Unfortunately, the project has no possibility to purchase medical drugs, but there are such requests.
- Detailed information about full OST site activity results in the period February 2020 - February 2021 is attached to current report in the attachment#1.

Short notes from meetings with OST clients

The methadone distribution point is on the grounds of the tuberculosis hospital, which is located at a distance from the city center. Some sites transfer to this site some clients who periodically missed methadone intake, had conflicts with site staff, etc. There are cases when representatives of law enforcement agencies are looking for some of the clients, but this site does not provide information regarding clients, only through an official request to the Republican Center for Addiction and Mental Health.

OST clients

AHTY183, HAAJI173, ЛЮБО178, БУБЕ183

A total of 4 clients of the site were interviewed, for today according to the established schedule 9 clients come, the remaining clients come on other days of the week. Most clients have been at the site since the morning, at the time of the M&E visit only 4 clients could be seen and interviewed.

HAAJI173 has been in the program for 1 year, current dose is 180, AHTY183 has been in the program for 5 years, there was a break after release, current dose is 100, ЛЮБО178 has been in the program for 12 years, current dose is 60, БУБЕ183 has been in the program for 6 years, current dose is 70.

Clients can meet with site staff every day if needed. The site offers methadone, ARVs, medical staff counseling, condoms, brochures, and informational flyers. It is noted that everyone already knows, brochures and pamphlets are not read.

HIV testing is done once a year, sometimes more often if unsafe behavior has occurred.

Clients know about HIV transmission, not everyone names the symptoms of STIs, know nothing about post contact prophylaxis (PEP), window period, before contact prophylaxis (PrEP).

Condoms are not used with regular sexual partners, 3 condoms per week are given, but all noted that they do not live sexually now and do not take condoms.

Program clients interviewed noted that the staff of the organization treats them with respect, confidentiality is respected when providing services, the staff is flexible to meet their needs, and they rated the organization and staff as "5". They have not been apprehended by the police in the past few years.

In general, it was noted that the program helps, allows you to work without thinking about drugs, you stop stealing and taking valuables out of the house, and the desire to use drugs decreases, relationships with relatives and the environment get better.

Recommendations

- To improve monitoring those clients who take methadone to home and provide regular remind about threaten to sold methadone on "black market",
- To improve consultant work with new OST clients and surround them with all OST site staff support,
- Information on STIs, PrEP and PEP needs to be strengthened,

Distribution:

Inga Babicheva, HIV/TB Grant Coordinator

INGA BABICHEVA
HIV/TB COORDINATOR/
DEPUTY PROGRAMME
MANAGER UOP GF

Результаты деятельности				
по организации: Проект, ГПТБ г.Бишкек				
на 07.12.2022 г. За последние: 12 месяцев				
№ п/п	Наименование индикатора	ГПТБ г.Бишкек		
		Результат	Числитель	Знаменатель
1	Количество пациентов на поддерживающей заместительной терапии метадонном (ПЗТ) на конец отчетного периода (абс. число)	68	0	0
1.1	Количество пациентов на ПЗТ, взятых на ПЗТ в отчетном периоде (абс. число)	32	0	0
1.1.1	Первичное взятие на ОЗТ	0	0	0
1.1.2	Повторное взятие на ОЗТ	2	0	0
1.1.3	Переведен из другого сайта на постоянной основе	33	0	0
1.1.4	Временно переведен из другого сайта	0	0	0
1.2	Количество пациентов, прекративших ПЗТ в отчетном периоде (абс. число), из них	25	0	0
1.2.1	Умер	8	0	0
1.2.4	В связи с заключением в МЛС	7	0	0
1.2.7	Добровольно досрочное завершение	6	0	0
1.2.16	Переведен в другой сайт - постоянно	7	0	0
2	Доля пациентов, получающих ПЗТ 6 месяцев и более, от общего количества пациентов на конец отчетного периода	80,9	55	68
3	Число людей, употребляющих наркотики (ЛУИН), находящихся на ПЗТ как минимум 6 месяцев в пределах отчетного периода (КР МАТ)	77	0	0
3.1	В т.ч. мужчин	68	0	0
3.2	В т.ч. женщин	9	0	0
4	Доля пациентов, находящихся на ПЗТ спустя 6 месяцев после ее начала (когортный подход) (%)	0	0	2
5	Доля пациентов, получающих дозировку метадона равную 60 мг и более, от находящихся на ПЗТ на конец отчетного периода (%)	92,6	63	68
6	Доля пациентов с ВИЧ-инфекцией от общего количества пациентов на ПЗТ на конец отчетного периода	26,5	18	68
7	Доля пациентов, получающих АРТ, от общего количества ЛЖВ на ПЗТ на конец отчетного периода	100	18	18
8	Доля ЛЖВ на ПЗТ, получающих АРТ на сайте	50	9	18
9.1	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и >) с ВН менее 1000 копий/мл от количества ЛЖВ на АРТ 6 месяцев и >, обследованных на ВН в течение 12 последних месяцев, но не ранее 30 дней после начала/возобновления АРТ	94,1	16	17
9.2	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и более) с ВН менее 1000 копий/мл, полученной в течение 12 последних месяцев, но не ранее 30 дней после начала/возобновления АРТ, от числа пациентов на АРТ (3 месяца и более)	94,1	16	17
10.1	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и >) с ВН менее 200 копий/мл от количества ЛЖВ на АРТ 6 месяцев и >, обследованных на ВН в течение 12	94,1	16	17

	последних месяцев, но не ранее 30 дней после начала/возобновления АРТ			
10.2	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и более) с ВН менее 200 копий/мл, полученной в течение 12 последних месяцев, но не ранее 30 дней после начала/возобновления АРТ, от числа пациентов на АРТ (3 месяца и более)	94,1	16	17
11	Доля пациентов на ПЗТ, прошедших тестирование и консультирование на ВИЧ за последние 6 месяцев	66	33	50
12	КР_PREV	93	0	0
12.1	В т.ч. мужчин	82	0	0
12.2	В т.ч. женщин	11	0	0
12.3	В т.ч. ВИЧ-позитивные (известный статус до начала отчетного периода)	23	0	0
12.4	В т.ч. протестированные на ВИЧ-инфекцию в отчетном периоде	68	0	0
13	Количество пациентов, прошедших обследование на ТБ/ИППП/ВГС	73	0	0
13.1	В т.ч. мужчин	64	0	0
13.2	В т.ч. женщин	9	0	0